

## Level III NCCP Technical Course



Coaching  
Association  
of Canada



Friday July 3<sup>rd</sup> - 7pm to 10 pm  
Saturday July 4<sup>th</sup> - 9am to 6 pm  
Sunday July 5<sup>th</sup> - 9am to 1 pm

Laurentian University, Sudbury, ON



### Topics Include:

- Building a Championship Team
- Physical Preparation
- Mental Preparation
- Strategy
- Team Dynamics
- Nutrition
- Yearly Planning
- Video Skill Analysis

### Instructors:

**Jim Waite**

- National Men's Team Coach

**Wendy Morgan**

- National Program Coordinator (Wheelchair)

**Tom Coulterman**

- National Junior Men's Coach

**Andrea Ronnebeck**

- Level 4 Coach, Coach Team Sherry Middaugh

**Bill Charlebois**

- NOCA Head Official, Level 5 National Official

**Janice Pula**

- Head Coach, Laurentian University Curling Teams

### Accommodation:

- Available at a rate of \$40 per night at Laurentian University.  
Please contact the university at 705-675-1151 extension 3002 to book your room.

### Registration:

- Go to [www.curlnoc.ca](http://www.curlnoc.ca) and follow the instructions on the homepage.
- Deadline for registration is June 12, 2009.
- Fees: \$235.00 (Canadian funds)
- Payment methods: VISA, Mastercard, cheque